

EATING DISORDERS

- Anorexia
- Bulimia
- Binge Eating Disorder (BED)



KNOW THE NUMBER

3 MLN

People in Italy

70%

Teenagers

90% female

10% male

30% < 14 years old

8500

new cases each year

+40%

compared to 2019 (COVID)

11-12 %

healthcare spending

WARNING SIGNALS

- Weight loss
- Amenorrhea
- Dismorphophobia
- Body checking
- Physical hyperactivity
- Calorie counting
- Food obsessiveness
- Anxiety disorder
- Social withdrawal

TREATMENT

You need rapid early multispecialist intervention

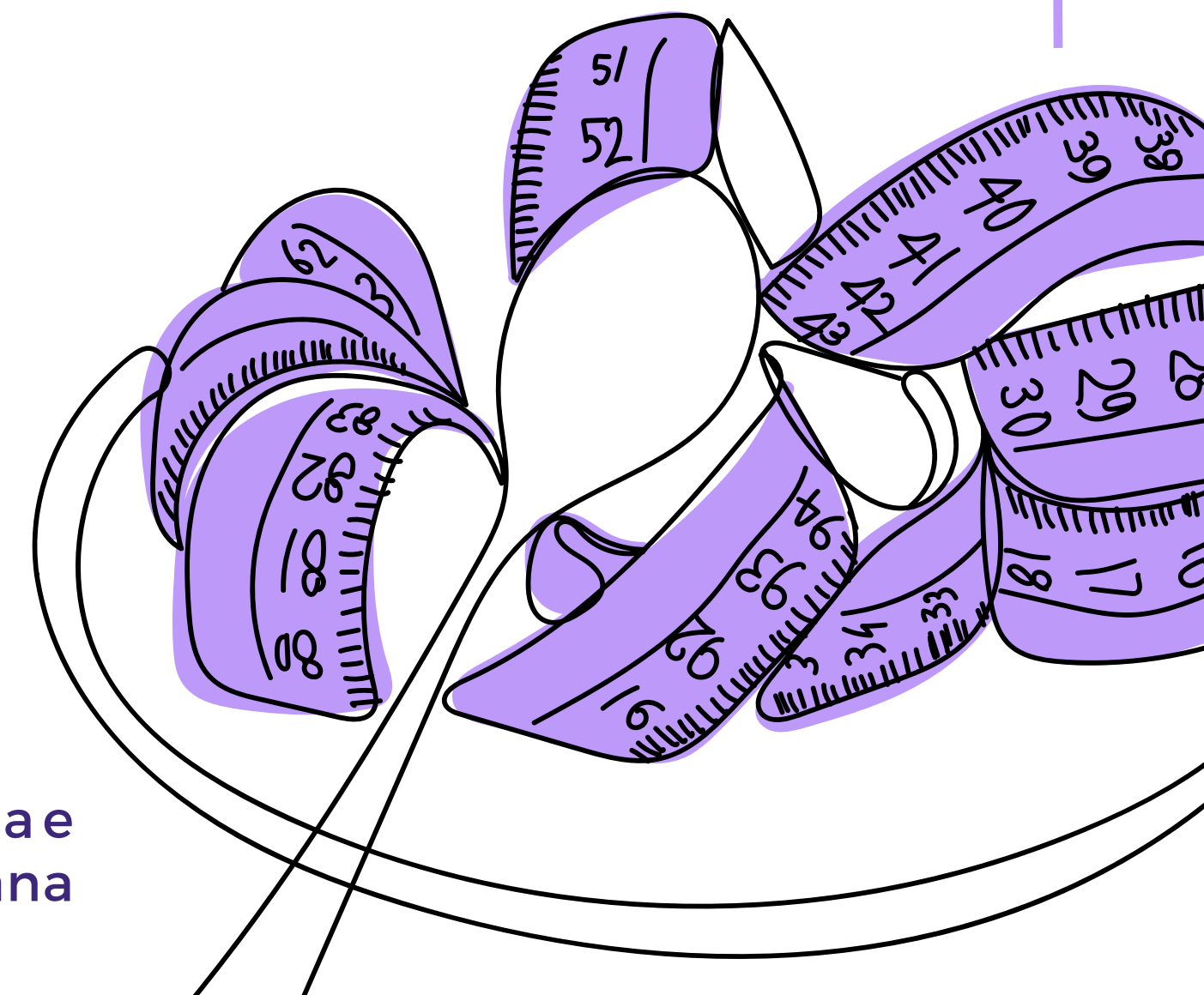
Medical

Nutritional

Psycho-Therapeutic



GREEN NUMBER
S.O.S EATING DISORDERS
800 180 969



A cura di:

Dott.ssa Stefania Demontis | SSD Nutrizione
Territoriale e DCA ASL 1 Imperiese

Dott.ssa Annalisa Mascheroni | UOSD Dietologia e
Nutrizione Clinica ASST Melegnano e Martesana