**EATING DISORDERS**

- Anorexia
- Bulimia
- Binge Eating Disorder (BED)

**KNOW THE NUMBER**

- **3 MLN** People in Italy
- **70%** Teenagers
- **90%** female
- **10%** male
- **30% < 14 years old**
- **8500** new cases each year
- **+40%** compared to 2019 (COVID)
- **11-12%** healthcare spending

**WARNING SIGNALS**

- Weight loss
- Amenorrea
- Dysmorphophobia
- Body checking
- Physical hyperactivity
- Calorie counting
- Food obsessiveness
- Anxiety disorder
- Social withdrawal

**TREATMENT**

You need rapid early multispecialist intervention

Medical  |  Nutritional  |  Psycho-Therapeutic

**GREEN NUMBER**

S.O.S EATING DISORDERS
800 180 969

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