Joining forces and interests in the fight against malnutrition in Italy

ONCA Team Meeting

19 OTTOBRE 2023
<table>
<thead>
<tr>
<th>Country</th>
<th>Date Range</th>
<th>View activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Austria</td>
<td>Date to be announced</td>
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<tr>
<td>Belgium</td>
<td>6 - 12 November 2023</td>
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<tr>
<td>Italy</td>
<td>16 - 20 October 2023</td>
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<td>6 - 10 November 2023</td>
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<tr>
<td>United Kingdom</td>
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<td>View activities</td>
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Agenda

**SINPE**
Stato dell’arte nella lotta alla malnutrizione
Key performance indicators in nutrizione clinica

**Scientific societies**
Common efforts against malnutrition – activities and future targets

**Patients’ point of view**
Perceptions, challenges, and future targets for patient associations

**Medical Nutrition Industry**
Role and shared objectives in the fight against malnutrition

**Conclusioni**
Bilancio, target futuri, obiettivi condivisi
Italian stakeholders map
Missoni

- Diagnosi della malnutrizione e cura, proporzionale all’entità del problema, di tutti i pazienti che ne sono affetti
- Migliori outcome e qualità di vita
- Sistema sanitario sostenibile ed equo

di
a major problem that is obviously present but avoided as a subject for discussion because it is more comfortable to do so.
Relationship of nutritional status to length of stay, hospital costs, and discharge status of patients hospitalized in the medicine service

Comparison of length of stay (LOS), costs, and discharge status in patients at risk or not at risk for malnutrition in a tertiary-care medical center

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Not at risk</th>
<th>At risk</th>
<th>Significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Discharged home/self-care (%)</td>
<td>86</td>
<td>41</td>
<td>P&lt;.05</td>
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</tbody>
</table>

JOURNAL OF THE AMERICAN DIETETIC ASSOCIATION
SEPTEMBER 1997 VOLUME 97 NUMBER 9
Considerable increase of HAN (2005 → 2022)
+ 45.8% in adults
+ 763% in children

Substantial regional differences in prevalence and access to HAN

Inequality in HAN prescription and use in various illnesses especially for ONS

Urgent need for a national HAN policy

https://www.sinpe.org/area-istituzionale/map.html
SINPE activities:

✓ Measure of malnutrition prevalence and economic burden:

Prevalence (median): 50% of hospitalized adults, 25% children and up to 70% of elderly in nursing homes.

Additional cost (balanced model): 12 billion euros.

doi.org/10.1016/j.nut.2022.111943

Endpoint primari: giorni di degenza ospedaliera, visite al pronto soccorso, ricoveri in degenza ordinaria o in regime di day hospital e il costo complessivo sostenuto dalle rispettive Regioni. Inoltre, come endpoint secondario, sarà analizzata la sopravvivenza complessiva dalla prima diagnosi.

L'analisi si basa sulle informazioni raccolte dai database sanitari (SDO) e i sistemi informatici sanitari con un progetto accurato.
Sarcopenic obesity

The awareness of sarcopenic obesity is completely absent!

Prevalence: **10-37%** among the over-60s have sarcopenia.

Estimated cost: **$397 million** by 2028.

ESPEN / European Association for the Study of Obesity
Cosa manca?

CONSAPEVOLEZZA

CONTROLLO

EFFICACIA
The control of malnutrition must become as normal as hygiene rules in hospitals in the light of infection prevention.

Attualmente non sono identificabili dei responsabili dello stato nutrizionale dei pazienti, in tutti i contesti.

**ONCA**: Driving integrated nutritional care in EU programs
- Sharing good practices
- Collaboration between policymakers, patients, and healthcare providers is essential.
- A pan-European approach to translate Knowledge and Science into Policy
Indicatori di performance in nutrizione clinica

- Prescrizione specialistica della terapia nutrizionale
- Dati tracciabili
- Monitoraggio degli esiti
- Aderenza all’evidenza scientifica
- Reporting/Auditing
- Valutazioni costo-efficacia
- Innovazione
RINGRAZIAMENTI
Comprehensive malnutrition risk management policy – the next challenge for clinicians, policy makers and patients’ associations.

Backing the reinforcement of the risk management concept might hold the solution for overcoming the present inconsistency in tackling malnutrition across all contexts.

It may be a further step of the continuous journey of ONCA teams to drive increased awareness, problem-solving and progresses in prevention, diagnosis and treatment of malnutrition in patients of all ages.

The task of developing and implementing effective policies is not straightforward. It requires the cooperation and efforts of policy makers and health care providers, as well as input from patient associations to ensure that the policy is well-informed and responsive to the needs of those affected.

Considering the dimensions of malnutrition and its overall burden, this is the sole approach to promote careful management of the progressively increasing healthcare expenditure.
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A voi la parola

SINPE
Key performance indicators: standards of care and adherence to evidence based nutritional recommendations

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